HELPING HANDS FOOD PANTRY

Suggested Items

Canned Vegetables: Any

EX: Corn, Green Beans, Carrots, Potatoes,
Stewed Tomatoes, Black Beans, etc…

Canned Fruit: Any

EX: Peaches, Pears, Mixed Fruit, Apple Sauce, etc…

Breakfast Cereal: Any

Ex: Cheerios, Corn Flakes, Raisin Bran, etc…

Other Examples:

Oatmeal
Cream of Wheat
Canned Soup
Dry Beans
Rice
Canned Tuna
Canned Chicken
Spaghetti sauce & Noodles
Baby Food
Pasta

Small Packages:

Toilet paper
Laundry soap
Shampoo
Dish Soap
Toothpaste
Diapers

We need **Non-Perishable** foods, that preferably have a **long shelf life**, and are easily stored.

Please no outdated food!

Donations Received

Wednesdays from 10am - 4pm @ Redemption Church.
Sunday Mornings, Donations can be placed in the baskets on the stage.

Contact Tina Brumbaugh for more info